Finding Main Ideas and Supporting Details

Name: _____ Date: _____

Instructions: Read each paragraph carefully. Identify the main idea and list three supporting details from the text.

Paragraph 1

New Zealand's native forests are home to some of the world's most unique birds. The kiwi, our national icon, is a flightless bird that hunts for insects at night using its excellent sense of smell. The kea, known as the world's only alpine parrot, lives in the mountains and is famous for its curiosity and intelligence. Meanwhile, the takahē, once thought to be extinct, has made a remarkable recovery thanks to conservation efforts. These birds play important roles in their ecosystems and are found nowhere else on Earth.

Main Idea:

_____

Supporting Details:

1. _____

2. _____

3. _____

Paragraph 2

Climate change is affecting our oceans in several concerning ways. Rising temperatures are causing coral reefs to bleach and die, destroying habitats for countless marine species. As ice caps melt, sea levels are rising, threatening coastal communities around the world. Additionally, the ocean is absorbing more carbon dioxide from the atmosphere, making the water more acidic and harming shellfish and other sea creatures. Scientists warn that without urgent action, these changes could have devastating consequences for marine life and humans alike.

Main Idea:

_____

Supporting Details:

1. _____

2.

3.

Paragraph 3

Regular physical activity provides numerous benefits for young people. Exercise strengthens muscles and bones, reducing the risk of injury and improving overall fitness. It also boosts mental health by releasing endorphins, which help reduce stress and anxiety. Furthermore, participating in sports and physical activities helps develop important social skills like teamwork, communication, and leadership. Health experts recommend that teenagers engage in at least 60 minutes of moderate to vigorous activity every day.

Main Idea:

Supporting Details:

1.

2.

3.